

**PULL (2010, 20mins, 4:K HD, Ireland)**  
**a film by Donal Foreman**



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*All queries to Donal Foreman*  
*email: [donalforeman@gmail.com](mailto:donalforeman@gmail.com),*  
*ph: +353 (0) 85 723 6343*



## **SHORT SYNOPSIS**

Over one summer day in Dublin, a girl reconnects with old friends, makes new ones and reaches a painful turning point in her most intimate relationship.

## **LONG SYNOPSIS**

Over one summer day in Dublin, a girl reconnects with old friends, makes new ones and reaches a painful turning point in her most intimate relationship.

PULL is a film about the flickering details of human connection – the gestures, glances, games and misunderstandings that make up our daily relationships. It's a film about what draws us closer to people and what makes us want to push them away.

The film was created through a mixture of scripting, rehearsal and improvisation, and shot on the RED Camera over three days in July 2009 with a cast of mostly non-professional actors.

## **ABOUT THE DIRECTOR**



Donal Foreman (born in Dublin, 1985) has been making films since he was 11. From his very first films, he has explored different forms of improvisatory and collaborative filmmaking methods in an effort to find a filmmaking process that is transformative, fun and not simply a means to an end.

An alumnus of the Irish National Film School and the Berlinale Talent Campus, Donal has written, directed and edited eight fiction short films since 2006, as well as several experimental and documentary works. His shorts have been screened in the Galway Film Fleadh, the Irish Film Institute, the Cork

Film Centre, the Kerry Film Festival and internationally in Italy, Spain, Hungary, Argentina, Brazil, Australia, the Phillipines, Alaska, Florida and Los Angeles. Film Ireland called one of his early shorts among “the very best short cinema this country has produced in recent years” and the Sunday Tribune described his film school graduate film as “ambitious, confident stuff, told with visual aplomb.”

As a freelance film critic, Donal has been featured in several publications internationally including Cahiers du Cinema. He has also worked as a film workshop facilitator for young people, as a film lecturer in the Dublin Business School, as a promo director for Irish Modern Dance Theatre, and as a film programmer for Dublin’s Experimental Film Club.

For more information, please visit [www.donalforeman.com](http://www.donalforeman.com) .

## **SELECTED FILMOGRAPHY**

*Refuge* (2010, fiction, 10mins)

*Repeat* (2010, fiction, 12mins)

*Pull* (2010, fiction, 20mins)

*Let's* (2009, fiction, 9mins)

*You're Only What I See Sometimes* (2008, fiction, 9mins)

*Each Other* (2007, fiction, 10mins)

*NYP2* (2007, documentary, 7mins)

*Removal* (2006, fiction, 10mins)

*Rehearsing Modern Dance* (2006, documentary, 4mins)

*My Friend's House* (2006, fiction, 30mins)

*When I Was 18* (2005, experimental, 8mins)

*Film By The Sea* (2005, experimental, 4mins)

*Under* (2005, documentary, 2mins)

*How to Make a Fresh Film* (2004, educational, 25mins)

*The Unmentionable* (2003, comedy, 13mins)



## **ABOUT THE CAST**

### **KESHET ZUR**

Keshet Zur is an artist based in Dublin and originally brought up in Israel. Recently graduated from a degree in photography at Griffith College, Keshet has already begun a masters in expressive art therapy at the European Graduate School in Switzerland. She has collaborated on projects in many art forms: as a dancer and a choreographer, she took part in the Lord Altmont project, representing Ireland in Italy at the 2008 Biennale of Young Artists from Europe and the Mediterranean; her voice was used in the short Irish Film Board-funded animation *Hassan Everywhere* (2009, Andrew Kavanagh); and one of her handmade hats was worn by Colin Farrell in Neil Jordan's *Ondine* (2009). She has also taught kids how to cook and garden in an inner city community centre.



### **VINCENT O'REILLY**

Vincent has an extensive background in acting for the stage. He toured to the Prague Fringe Festival with *Chatroom* by Enda Walsh, and Sharman McDonald's *Broken Hallelujah*, which also toured to Teatro della Limonaia. With the world premiere of Mark Ravenhill's *Scenes from Family Life*, he performed at The National Theatre of Great Britain. Other highlights include playing Macbeth in Riverbank Theatre's *Macbeth*, Mr. Darcy in Crooked House/KYT's *Pride and Prejudice* and Jack Worthing in the award winning *The Importance of Being Earnest* in Andrews Lane.



### **OISIN BYRNE**

Oisin Byrne is an Irish visual artist. Oisin's practice is international in both exhibition and production. In the past year he has had projects in Paris, LA, Tokyo and most recently New York. Byrne has become known for his large scale paper installations, maps of the visible universe humbly pierced into a cardboard box, and paper dresses for his recent 16mm film entitled *The Paper Ball*.



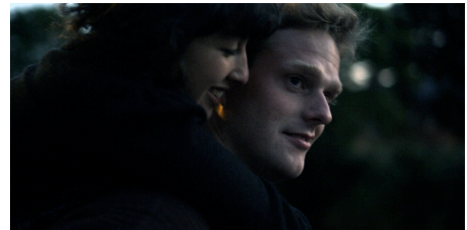
## DONAL GALLERY

Donal has recently graduated from Trinity College Dublin with a BA in Drama and Theatre Studies. Past theatre work includes *Wozzeck* by Daguerreotype Theatre Company in the Dublin Fringe, *Find Me* and *Good Woman of Setzuan* in the Samuel Beckett Theatre. Past film work includes feature *Turning Green* and Donal Foreman's earlier short *My Friend's House*. He also directed *The Lonesome West* in the Samuel Beckett Theatre and his original play *In Character* in DU Players.



## SEAN MAYNARD SMITH

Sean is a musician who has been playing the bass for a number of years. He grew up in Drumcondra and continues to take delight in the sights and sounds of Dublin's inner city. He is constantly moving house in an attempt to live in the most central part of the city. So far his attempts bring him close but not quite 'in' the river Liffey.



## **ABOUT THE CREW**

### **PIERS McGRAIL, cinematographer**

Since studying together in the National Film School, Piers has collaborated with Donal Foreman on a number of shorts. As a DP, he has shot over thirty shorts and also a number of music videos and commercials. He has a Red camera, which accompanies him on his filmmaking adventures.

### **RUAIRI McKENNA, assistant director**

Ruairi McKenna is a producer-writer-director from Tipperary. He started making films at a young age and eventually attended the National Film School at IADT, where he met many of his current collaborators. After college, he set up Annville Films with some fellow graduates with the aim of making work that was creative, exciting and just plain different.

### **HELENA DOYLE, production designer**

Helena Doyle studied Film & TV Production at the National Film School at IADT, specialising in experimental film and editing. In the year after graduating she worked as a costume maker, street performer, puppeteers assistant and production designer for short films, music videos, festivals and events. Somehow all of this randomness led her to a Masters in Art & Media Practice at the University of Westminster, London.

### **RUTH POWER, script supervisor / continuity**

Ruth Power graduated from the Media Arts degree in the Dublin Institute of Technology in 2008, specialising in documentary filmmaking. She has also edited a number of short documentaries including one which followed a conference in Brussels by the European Anti Poverty Network. Since college she has focused on working in drama series and films. She has been doing continuity for the last year and a half and has worked on a number of shorts, ads and music videos.

## FULL CAST AND CREW LIST



writer/director/producer/editor  
director of photography  
sound recording/design  
production design  
assistant director  
camera assistants

Donal Foreman  
Piers McGrail  
Niall McNamee  
Helena Daly  
Ruairi McKenna  
Dror Zur  
Olaya Chesneau  
Gavin Duffy  
Ruth Power

sound assistant  
continuity

starring

Keshet Zur

with

Vincent O'Reilly  
Oisín Byrne  
Donal Gallery  
Sean Maynard Smith  
Stephanie O'Connor

thanks to

Maeve Foreman  
Santana Power Hernandez  
Matthew Nolan